

Wando Marching Band Sequence

1999 – 2014

- Stretching
- Breathing Exercises (See below)
- Blowing Air thru Instruments using Descending Intervals
- Concert F Only / Horns on G – Balance, Blend, Tuning, Tone (Hum/Singing)
- Perform Descending Intervals (WW's playing, brass buzzing / Then ALL)
- Perform Ascending Intervals
- Bb Scale in Half Notes (groups/round)
- B, B, T and T Exercise
- Whole Tone Scale
- Attack Pattern
- Scales (vary patterns each day) – marcato, legato, staccato, slurred (4 keys)

2-2-9

Quarters and Eighths

Straight Quarters/Repeat Top Note

Two Octaves (or one octave repeated)

- Various Lip Slurs (from the bottom) /#1 LS /one addition/two additions/three
- Various Lip Slurs (from the top)
- Blue Devil's Lip Slur
- Five-Step Scale Study (vary articulations each day)/diatonic and chromatic
- Crescendo/Diminuendo Exercises
- Jay's Power Chord Volume Exercises
- Pitch Bending Exercises
- Carmine Caruso (on the mouthpiece exercises for brass)
- Bb Chord Progression (at different volumes)
- Loud Pedals (sustains, volume changes, and sweeps) resolve to Bb major chord

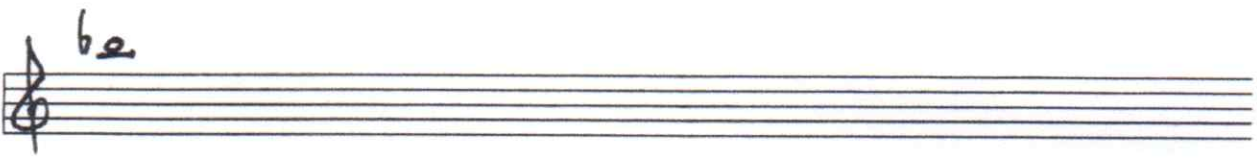
Various Breathing Exercises

- In 4, Out 4
- In 8, Out 8 (Faster Tempo)
- In 8, Out 8, In 7, Out 8, In 6, Out 8, etc. (tizzle)
- Duples and Triples
- 4, 3, 2, 1 (tizzle)
- In 2, Out 8, In 2, Out 12, In 2, Out 16 (bread bags)
- Suction Exercise (Expand lower abdomen) – if too high, could cause irritation
- Sipping In Exercise / Vigorous Exhale
- Hot Cross Buns, Three Blind Mice, Twinkle, Twinkle (with tubes)
- 5 – 15 – 5 (sip during hold)
- 4, 3, 2, 1 (be really careful with lightheadedness for this one!)

Before playing, relax breaths ... in thru the nose, out thru the mouth, then oh, mawh, and how

Jay's POWER (chorus)


FL



CL



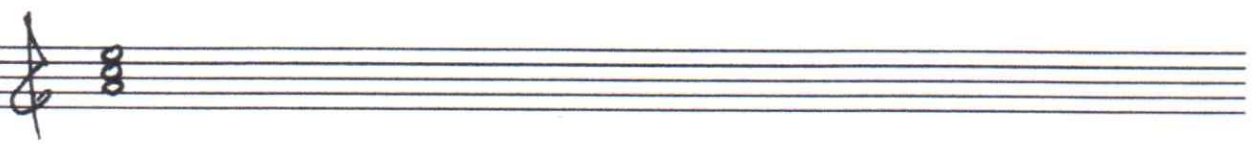
ASX



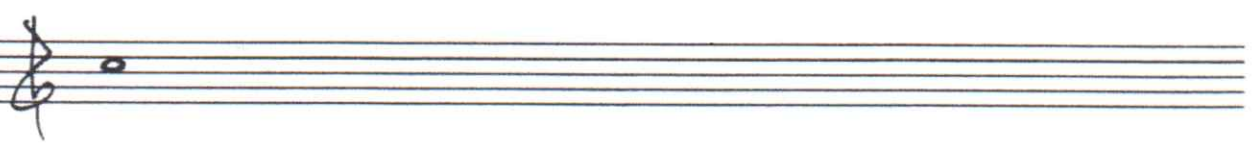
TSX



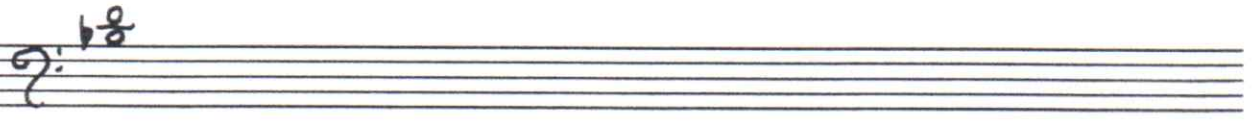
TRAT



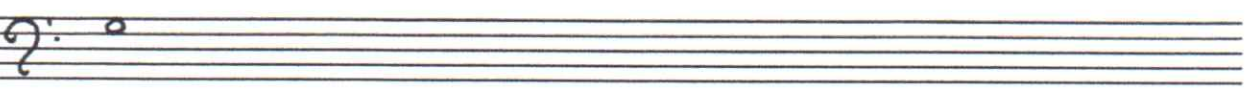
HN



TRBN



BAR



TUBA

